

Full Report (All Nutrients) 45134612, BANQUET Homestyle Bakes Chicken Dumpling, UNPREPARED, GTIN: 00050100408879

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

Report Date: May 26, 2017 14:45 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	7.5 OZ (213g) makes about 1 cup prepared 213g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	260	122
Protein	g	--	--	11.99	5.63
Carbohydrate, by difference	g	--	--	36.00	16.90
Sugars, total	g	--	--	6.01	2.82
Minerals					
Calcium, Ca	mg	--	--	81	38
Iron, Fe	mg	--	--	1.81	0.85
Potassium, K	mg	--	--	409	192
Sodium, Na	mg	--	--	1229	577
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	2.3	1.1
Vitamin A, IU	IU	--	--	999	469
Lipids					
Fatty acids, total saturated	g	--	--	2.00	0.94
Fatty acids, total monounsaturated	g	--	--	3.00	1.41
Fatty acids, total polyunsaturated	g	--	--	1.49	0.70
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	19	9

Amino Acids

Other

Ingredients

HEARTY VEGETABLE AND WHITE MEAT CHICKEN STEW: Water, Cooked White Meat Chicken (Chicken Breast with Rib Meat, Water, Modified Rice Starch, Isolated Soy Protein, Salt, Sodium Phosphates), Carrots, Potatoes (Potatoes, Sodium Acid Pyrophosphate [To Preserve Color]), Celery, Peas, Modified Corn Starch, LESS THAN 2% OF: Salt, Rendered Chicken Fat, Flavorings, Chicken Broth, Monosodium Glutamate, Cream Powder (Cream, Nonfat Dry Milk, Tocopherols, Ascorbyl Palmitate), Corn Starch, Autolyzed Yeast Extract, Turkey Broth, Hydrolyzed Soy, Corn and Wheat Protein, Disodium Inosinate & Disodium Guanylate, Dried Egg Yolks, Chicken Flavor (contains Chicken Skin, Flavor), Corn Syrup Solids, Dehydrated Celery, Sugar, Carrageenan, Citric Acid, Lactic Acid, TBHQ (for freshness), Mushroom Powder, Turkey Fat, Turkey Meat, Beta

Carotene (Color). BUTTERMILK DUMPLING MIX: Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Shortening (High Oleic Canola Oil, Hydrogenated Cottonseed Oil, TBHQ and Citric Acid [Preservatives]), Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dextrose, Cultured Nonfat Buttermilk (Skim Milk, Lactic Acid, Cultures), Salt, Whey. CONTAINS: EGG, MILK, SOY, WHEAT *Date Last Updated by Company: 09/08/2016*